



## **An assessment from EKLIPSE: what types of nature and characteristics of green and blue spaces significantly impact mental health and well-being ?**



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# Summary

- What « EKLIPSE » is
- How EKLIPSE works
- Past and ongoing work
- Biodiversity & health: What' s next...



# Establishing a self-sustainable EU support mechanism for evidence-informed policy on biodiversity and ecosystem services

- EKLIPSE funded by H2020 (690474)
- Duration: Feb 2016 – Feb 2020
- 10 partner institutions facilitating wider involvement
- All our budget is used to encourage external contributions

<http://www.eklipse-mechanism.eu>



LOG IN

**EKLIPSE**  
Knowledge & Learning Mechanism  
on Biodiversity & Ecosystem Services

Developing a mechanism for supporting better decisions on our environment based on the best available knowledge.

THE DIFFERENCE WE WANT TO MAKE | HOW CAN WE MAKE A DIFFERENCE? | HOW TO GET INVOLVED? | ACTIVITIES

Open calls

No open calls right now. The team currently analyses the results of the Call for Requests and the nominations for the EKLIPSE Knowledge Coordination Body - Thank you for sending them in!

GIVE US YOUR FEEDBACK

News from the Network

- EKLIPSE's first joint science-policy-society conference will be held on December 7-8 2016 in the Royal Belgian Institute of Natural Sciences, Brussels ... [-]
- Questionnaire about networks ... [-]
- EKLIPSE, EPORES and BioSolveM4S are jointly organising a foresight workshop in Brussels on 6-7 December 2016. [-]

Barometer

Do you think Nature-Based Solution (NBS) is a concept that would help biodiversity conservation?

YES NO NBS?



**To hand over this mechanism to the wider community once established**

**To build an innovative, light, ethical and self-sustainable EU support mechanism for evidence-informed policy on biodiversity and ecosystem services**



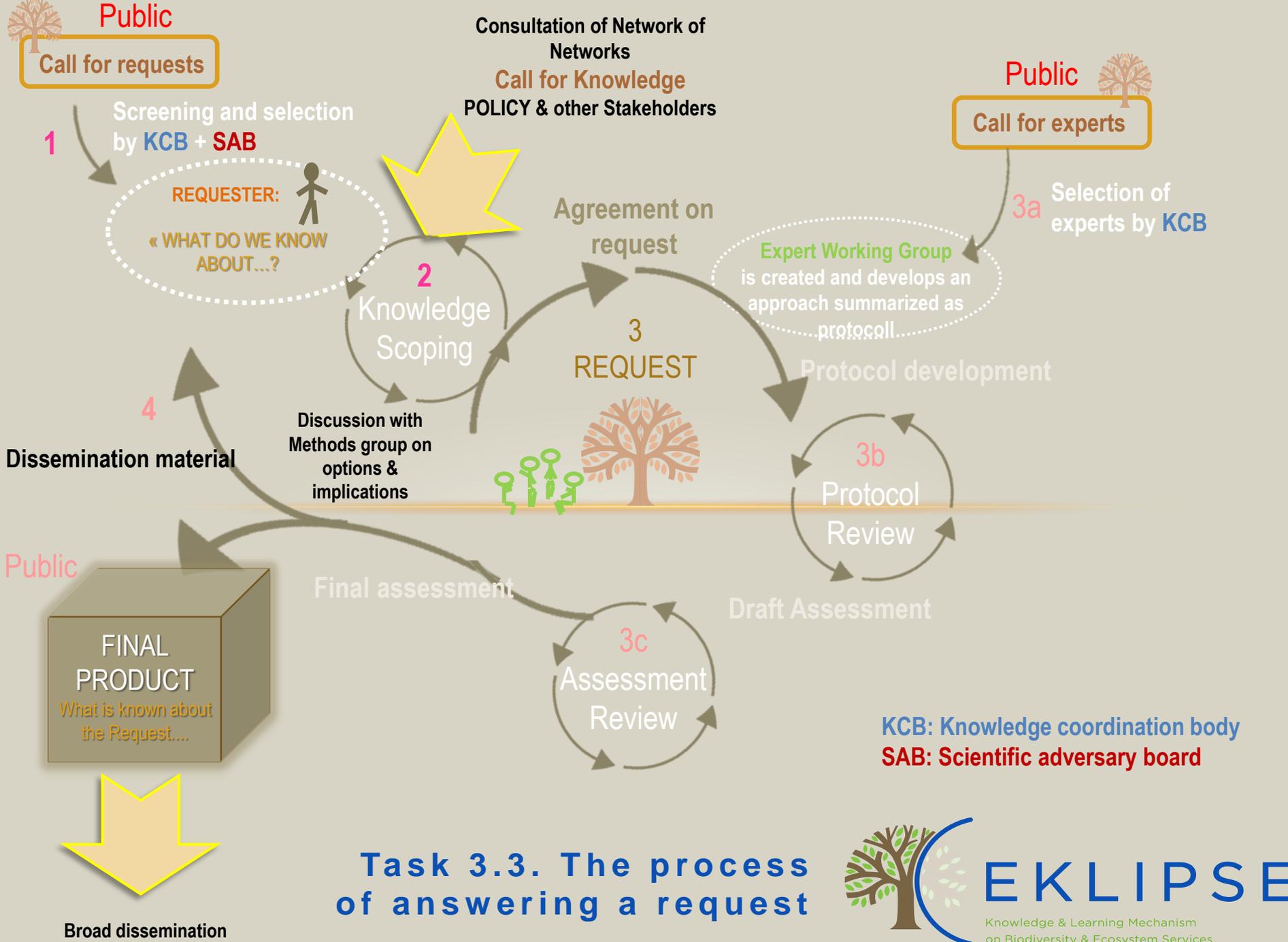
**Ethical infrastructure**

**Joint evidence activities**

**Bottom-up, self organising process**

**Strong focus on networking**





### First Request

Call for experts in June 2016  
Deadline for results: Dec 2016

### Second Request

Call for experts soon

### Third Request

Call for experts closed on  
Sunday

### Fourth Request

Call for experts soon

- **NATURE-BASED SOLUTIONS TO PROMOTE CLIMATE RESILIENCE IN URBAN AREAS** – developing an impact evaluation framework

Requester: European Commission Directorate General Research and Innovation (DG-RTD)

- What approaches can environmental regulators use with their regulated **businesses** to influence the **environmental sustainability** of business operations and to improve outcomes for biodiversity?

Requester: Scottish Environment Protection Agency

- Understanding Farmer Uptake: What measures are most promising to deliver on supporting biodiversity and ecosystem services in the next round of the **Common Agricultural Policy (CAP)**?

Requester: International Union for Conservation of the Nature - IUCN Regional Office for Europe & Swedish Board of Agriculture

- Which **components of nature and types of natural space** have a significant impact **on mental health** ?

Requester: French Ministry of Environment



# Health and biodiversity request

## Scoping phase

### Objectives

- Ensure European policy relevance
- Avoid replicating work that has been done already
- Assess the amount of work (literature, person/month...) and check if this matches EKLIPSE resources
- Choose the most appropriate methodology

### Means

- The KNOCK Forum
- Contacting experts (Garside, Marselle, Bowler...)
- Literature scoping
- Dialogue with the requester



# Health and biodiversity request

## Refining the request formulation

Which **types** of urban and suburban blue and green spaces and which characteristics (**components**) of such spaces have a significant impact on human mental health and well-being?

*(note: the requester has a specific interest in positive impact in order to design recommendations and policies)*

### Secondary questions:

1. Can we discriminate different components of nature or type of natural spaces that have a greater impact on mental health than others?
2. What are the correlations between the effects of nature on mental health?



# Results of literature scoping

- Classic literature search >>> more than 150000 papers
  - would need refining the search equation, a test list and ... time
- Search focused on « reviews » >> 3179 articles
  - Sorting on title >> 155
  - Sorting on abstracts >> 57
  - Sorting by key eligibility criteria on full-text >>> **17 reviews retained**

**There are more than 17 as the test-list is not entirely found**



# What's next...

## **Agreement on the Document of Work (Internal agreement)**

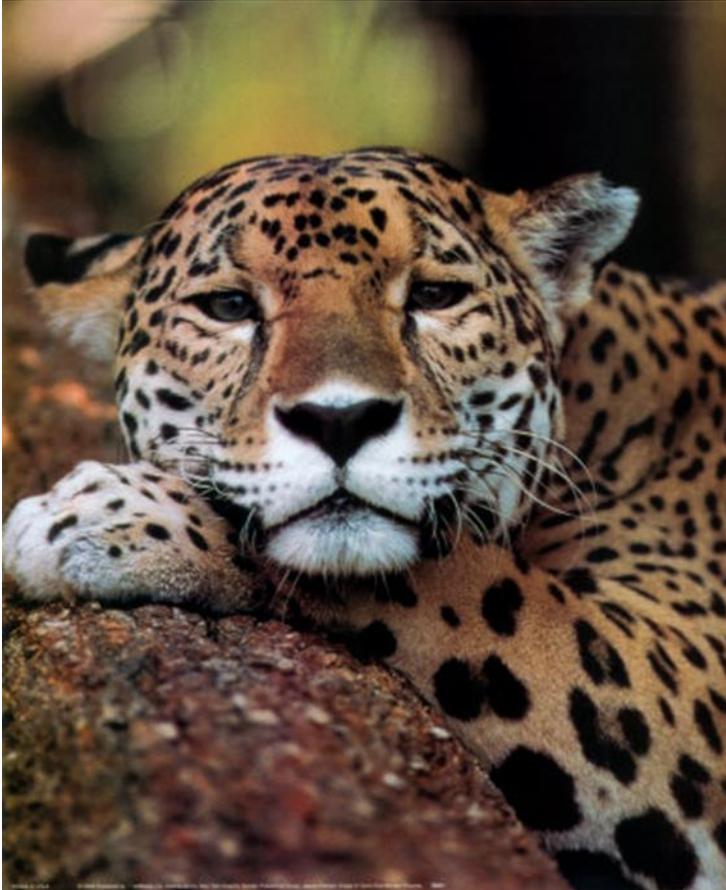
- Comments have been taken into account (PNSE3, policy makers & you... )
- Complete feedback from the Methods Group
- Refining agenda and budget

## **Call for experts (July?)**

- Thematic experts
- Methodological expert (RoR, CCA, SR...)
- Documentalists
- Ideally combinations of the above



Thanks !



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